



Navigating Careers in Medicine: The Impact of Advising Programs

WAYNE STATE
School of Medicine

Aarti Patel, Matthew Brennan

Wayne State University School of Medicine, Detroit, MI

Introduction

- Programs advising medical students on career paths are a staple of the undergraduate medical curriculum [1-3]. However, the efficacy of such programs remains largely unexamined.
- Our project aims to evaluate the effectiveness of three advising programs: "Dinner with a Doc", shadowing experiences, and Specialty Luncheons.
- The goal of this study is to assess the effectiveness of these programs, identify areas for enhancement, and ultimately enhance the career mentorship available to medical students.

Methods

- We aim to conduct a comprehensive assessment of three existing career advising programs:
 1. Dinner with a Doc
 2. Shadowing experiences
 3. Specialty luncheons
- Online pre-surveys will gauge participating students' initial knowledge, expectations, and attitudes regarding these programs. Following participation of each program, the post-survey will reevaluate these factors and the impact of the program.
- We will analyze these responses in addition to qualitative feedback, gathering a holistic perspective into each program's effectiveness.

Innovative interventions may boost the efficacy of traditional methods of career advising

By measuring the helpfulness of these programs, we aim to demonstrate and build upon their efficacy in guiding students down their desired career path



WAYNE STATE
School of Medicine



Results

- Our preliminary research suggests that careers in medicine advising programs have a positive impact on students' knowledge and attitudes towards various medical career paths.
- We expect to identify opportunities for enhancing the effectiveness of these programs and addressing any areas of improvement in our future research.

Conclusion

- Career advising programs in medical school serve as invaluable tools in shaping the goals and paths of future physicians.
- There may be potential to enhance the effectiveness and accessibility of these programs, ensuring they are providing optimal benefits for students.
- Our research highlights the importance of providing comprehensive career guidance to medical students, ultimately ensuring that they are well-equipped to make informed decisions about their future career paths.

References

1. Howse K, Harris J, Dalgarno N. Canadian National Guidelines and Recommendations for Integrating Career Advising Into Medical School Curricula. *Acad Med*. 2017;92(11):1543-1548. doi:10.1097/ACM.0000000000001720
2. McGrath JL, Bischoff JJ, Greenberger S, et al. 'Speed advising' for medical students applying to residency programs: an efficient supplement to traditional advising. *Med Educ Online*. 2016;21:31336. Published 2016 Apr 6. doi:10.3402/meo.v21.31336
3. Olive KE, Kwasigroch TE, Wooten DJ, Lybrand C, Peoples CR. A Career Exploration Program: An Effective Alternative to the Traditional Use of Faculty Advisors. *Acad Med*. 2016;91(11):1530-1533. doi:10.1097/ACM.0000000000001208